



East Bay Bat Rays Water Polo GIRLS WINTER SESSION



December 1st, 2025 - February 5th, 2026

@ Cal State University East Bay Pool

High School (age 15-18) & Middle School (age 13-14) Girls

Monday, Tuesday, and Thursdays 7:15 - 9 PM

Dates: Dec. 1, 2, 4, 8, 9, 11, 15, 16, 18

(Holiday Break 12/22 - 1/3) Jan. 5, 6, 8, 12, 13, 15, 19, 20, 22, 26, 27, 29, Feb. 2, 3, 5

Coach Selena Winstead, Varsity Girls Head Coach at James Logan HS, will coach this Winter session. She has 10+ years of Club and HS coaching experience. This session is a great opportunity for young players to develop and strengthen individual skills, and better understand and implement team offense and defense strategies. Willingness to pay attention, commitment to work hard, and desire to be a better water polo player are the key traits to gain the most out of the Winter water polo session.

Session Cost = \$300 High School / Middle School Girls

Registration: Open Online Starting Saturday November 22nd, 2025:

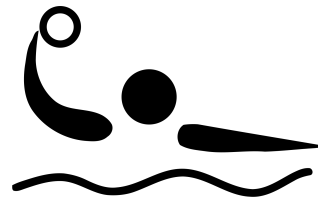
www.ebatswim.org

Athletes must have current 2025 USA Water Polo Bronze level membership to participate (CSUEB/USA WP Insurance Requirement), and must renew their membership for 2026 by 12/31/25.

To renew or create NEW USAWP membership, go to:

<https://auth.sport80.com/saml/login>

Affiliation Bat Rays WPC, Club ID #34508



Questions: Email Selena Winstead, Head Coach, at coach.selenawinstead@gmail.com